

## Suggested Walks 14

### Thurlestone to Hope Cove & Bolt Tail.

Go through Thurlestone Village and past the Golf Club on the right, and take the next turning on the right at the top of the incline to Links Court. Parking is available in the small Car park on the edge of the cliffs. Out of season this is free but a charge of £2 is made in season.

Take the South West Coastal Path down to the bridge at the South Milton Ley Nature Reserve. Cross the bridge and follow the path round to 2<sup>nd</sup> Car park operated by National Trust at South Milton Sands. £4 usually but Free for NT Members. This car park is next to the water meadows which form part of South Huish Nature Reserve. The Beach House shack is good for snacks throughout the day or even a full meal. Loos are also sited near this car park.



Thurlestone Rock, the stone arch which can be seen standing just out to sea, looks impressive. It is a remnant of New Red Sandstone, the type of rock which once would have covered the whole of the South Hams. The village of Thurlestone takes its name from the Saxon term for this pierced, or 'thurled' stone.

Follow the coast path towards Hope Cove and Bolt Tail, but just past the Car Park, this part of the path has been closed for some time for repair work and a diversion inland nearly to Galmpton may be still in place. If so, the path eventually comes back out to the cliffs above Outer Hope. Descend into the Village where refreshments may be enjoyed at the Hope & Anchor pub.



The village of Hope was known for its fishing and smuggling in past times. The contraband was weighted and left on the sea bed, to be lifted at a later time by the fishermen as they also lifted their crab pots.

Continue along the path signed to Inner Hope and then climb the steps at the far side of the Cove, close to the slipway, and follow the waymarked coastal path towards Bolt Tail. Keep to the right hand path each time a junction is passed, going past Pilchard Cove and then on out to Bolt Tail. The views here are impressive, especially on a clear day when Cornwall can be seen in the distance.

To return, take the coastal path a bit further until a signpost is reached, and then turn left, back down into Inner Hope and then along to Outer Hope and eventually along the path to Thurlestone.